

VOICE OF THE RESIDENTS

VOL.XXXIV, NO 6

BROADMEAD, COCKEYSVILLE, MD

February, 2012

With \$44,000 Grant

Broadmead Medical Files Going Electronic

Text and photo by Marcia Reinke

Broadmead's doctors, nurse practitioners, nurses, the entire out-patient staff, plus the supervisors and unit clerks in licensed care, will begin training this month aimed at moving the shelves full of notebooks, papers and charts to an Electronic Medical Records (EMR) system.

As a result, Broadmead will soon be part of an EMR network allowing medical practitioners access to patient records from any place in the world with an internet connection. Eventually one electronic site will hold reports from primary care doctors, specialists, radiologists, laboratories, pharmacists and any other medical providers connected to the statewide network. In the future the network may also include advance directives, information from therapists, social workers and the wellness staff.

Initially it's a costly procedure, requiring staff learning time and new lap tops for everyone involved. But \$44,000 in federal incentive grants, spread out over five years, to medical practices which set up systems for "meaningful use", plus grants to the states to create provider networks, mitigate the financial outlay. And over time, according to pilot projects undertaken by the American Academy of Family Physicians, there will be major savings in staff time for filing and retrieving records, for billing, coding, storage and paper supplies. There will be rapid and remote access to patient information, point-of-care decision support and fewer pharmacy call backs.

For patients there will be improved response from physicians, improved continuity of care and eventually the comforting knowledge that in case of an emergency almost anywhere in the world, both doctors and patients can access records.

Even before the 2009 federal American Recovery and Reinvestment Act allocated \$1.2 billion to electronic medical records, Maryland House Bill 1706 directed the Maryland Health Care Commission to begin planning for a statewide Health Information Exchange (HIE). After competitive bidding, the Commission chose the Chesapeake Regional Information System for Patients (CRISP) as its state-designated



Barbara Carroll, Heather Heiler and a new medical records lap top.

exchange. CRISP, a non-profit comprised of Johns Hopkins Medicine, MedStar Health, the University of Maryland Medical System and some two dozen other stakeholder groups, then provided a list of accredited Management Services Organizations (MSOs) to help medical practices set up their records. Broadmead selected a highly recommended, Massachusetts-based organization known as eClinicalWorks as its health electronic records provider, to provide training, set up password protected security "firewalls," back up the information, save it and protect it. Eventually, in two or three years, no hard-drive records will be kept on site. All will be maintained in a central database. Those interested in learning more about either CRISP or eClinicalWorks will find information about both on the internet. Laptops were purchased with the first year federal grant.

Medical Director Barbara Carroll, M.D., and Director of Outpatient Nursing Heather Heiler are coordinating the efforts. Shane Ladner, Broadmead's Information Systems Administrator, is already involved in setting up security firewalls. And Valerie Homesley and Ellen Roller have started the input of our demographic and scheduling information, much of which is already computerized. Medical data will be added starting with the most recent visit or activity, and working backwards to the earliest information in the Broadmead files.

Each medical staff participant will attend 10 training periods provided by eClinicalWorks, six in group classroom-like settings and four more one-on-one and hands-on. During the training every effort will be made to provide regular every day services with minimal interruption. It is hoped that everything will be up and running by March 1.

Broadmead Welcomes

By Nancy Allchin and Natalie Bellows

Ann (Farinholt) Stein (Mrs. Charles Francis Stein III)

C-16 443-578-8300 September, 2011

Ann is a second-generation Broadmeader. Her parents lived here in the '80s and '90s.

She and her twin brother were born in Montreal, Canada, and shortly thereafter the family moved to the Baltimore area. She attended Roland Park Country School and then went on to the

University of Maryland. She studied occupational therapy at Richmond Professional Institute and later earned a



Master's Degree in physical therapy from the University of Southern California.

Back in Maryland she worked with developmentally and physically challenged children in the public school system.

Ann came to Broadmead from the family home on nearby Gibson Island. She and Charlie raised a son and daughter in Baltimore and later moved to the family home on Gibson Island, an ideal place for them since they both loved sailing. Their children now live at opposite ends of the United States, but the families get together every summer at the family home

Ann has a strong interest in horticulture, in the plants, the trees and in their placement in the landscape. She became a Master Gardener for Anne Arundel County. At Gibson Island she designed, planted and cared for the roadway islands. She hopes to identify and map out Broadmead's landscape plantings.

Elizabeth (Rutledge) Murphy

(Mrs. John L. V.)

L-7 443-578-8324 November, 2011

Libby, as she prefers to be called, is a life-long Marylander, having lived her early years out in the country and then moving in town to Baltimore. She grew up in the family's ancestral home (1790) in Madonna, MD, and helped her family at the large dairy farm, becoming a 4-H Club member along the way. For her good deeds and experiences in the farming community she was honored by being selected Miss Harford County and later Miss Maryland State. When her mother became ill she abandoned college plans and instead went to the



EDITORIAL POLICY

THE VOICE is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry feature articles, essays and poems written by residents and staff, of interest to Broadmead residents, plus material assigned by the editors. As its major goal is to promote a sense of community, *THE VOICE* does not publish criticism of individuals or of the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *THE VOICE* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule *THE VOICE* will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed. The decision of the Editorial Board in regard to publication shall be final. Those submitting articles should retain copies as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page, no copy may exceed 600 words in length. All copy is subject to editing and cutting. All submissions should be typed and, if possible, sent by email attachment to voice@broadmeadra.org, with a hard copy in *THE VOICE* box opposite the copy machine in the BRA office.

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Strayer School in Baltimore to receive secretarial training.

When she married John L. V. Murphy the couple took up residence in the City and Libby has remained there ever since. They raised seven children while living in the Roland Park area, two sons and five daughters. Libby worked at the nearby Roland Park Country School for 17 years as a secretary. She continued to be involved with the school for many years in development and alumnae affairs.

Her husband died in 1999. Their large family has expanded to include 14 grandchildren and five great grandchildren.

Multicultural Committee

Wednesday, February 1

7 p.m. - Auditorium

Responding to People of Different Races: Sharing Our Experiences

Pat Schenck, Quaker author of "Living Our Testimony on Equality, A White Friend's Experience," will facilitate the sharing of experiences in small groups.

Signed copies of her writing will be available.

Sunday, February 12 1:15 p.m.

Quilts and the Underground Railroad

Bus trip to Hampton Mansion
(Sign up sheet on the Multicultural Bulletin Board near the bank)

Saturday, February 18, 7 p.m.

Joe Becton

See Page 6

The Broadmead Play Readers

will present

The Ugly Duckling

by A.A. Milne

Wednesday, February 8

7 p.m. Auditorium

John DePrine and Robert Gist

B-4 443-578-8329 December, 2011

John and Bob were impressed with Broadmead when they came here three years ago as members of the Woodbrook Players, a group that John founded. They decided then to come here when the time was right.

John is a native of Baltimore. He graduated from the Maryland Institute of Art (now MICA) where he majored in design and education, and eventually earned a Master's Degree.

He taught first at Sparrows Point High

School; then set up and headed the art departments at Loch Raven Junior and Senior High Schools.

Bob also taught at Sparrows Point High School, then later at Dumbarton and other schools as English Department chair.

He was brought up in Catonsville and

attended Towson State Teachers College where he earned AA, BS, and ME degrees.

He taught English and history and wrote many curriculum guides for Baltimore County schools.

Both John and Bob are very much involved in the theater arts. Bob spent 25 years with the Baltimore Opera Company in behind-the-scenes production work, and he was the founder and twice director of their volunteer organization.

John writes plays, four of which have been published.



John DePrine



Robert Gist

Broadmead Is Financially Stable: Other CCRCs Not Doing So Well

By Jonas Rappeport

Broadmead is probably the most stable of all the Continuing Care Retirement Communities (CCRCs) in Maryland, an official from the Maryland Department on Aging (DOA) told an Open Forum audience recently.



Martha Roach

Maryland now has 36 CCRCs and two more will shortly be approved. And "right now there are four communities in real trouble," said Martha Roach who oversees CCRCs for the state DOA. Ten or 12 are doing well, but the rest need constant

observing as their financial situation is not as secure as it should be, she said.

Roach was invited to "tell us like it is" by Broadmead's Open Forum Committee and our chapter of the Maryland Continuing Care Residents Association (MaCCRA), in advance of the presentation of legislation to the 2012 General Assembly.

"We are one of the only three states that regulate CCRCs and Maryland is known as having the tightest regulation," she said. With the recession have come lower occupancy rates as folks cannot sell their homes. No one knows what the baby boomers are going to do, leading to concerns in the long term.

Lifespan, the lobbying organization which represents the providers, has tried to deregulate CCRCs, such that "I can no longer make them change a contract if I don't like it," she said.

But Maryland's tight supervision of CCRCs resulted in Erickson's properties in Maryland (Oakcrest, Charlestown and Riderwood) being in better shape than Erickson CCRCs in other states, she said.

There have been four CCRC bankruptcies in Illinois. When new owners took over a bankrupt

Pittsburgh CCRC in 2009, the residents lost 70% of their deposits.

Lifespan continues to fight the Department's efforts at new legislation, recently trying to have the supervision of CCRCs shifted from the Department of Aging to the Office of the Insurance Commissioner. A recent two-year study group involving MaCCRA, Lifespan, AARP, United Seniors and others resulted in two bills being submitted to the 2011 legislature. But after agreeing to support the bills, Lifespan reversed course and fought them. The DOA has resubmitted the same bills again this year.

MaCCRA and the Department support most of the same issues, including

- A clearer disclosure statement with an index for those about to join a CCRC;
- Restricting transfer of funds to uses other than for the betterment of the CCRC;
- A clearer statement about when refunds will become available.

Contrary to what many believe, initial deposit money is not kept in an escrow account for the future but is used for current operations. Refunds are made only after a unit is reoccupied.* MaCCRA supports improving these issues to the benefit of the resident.

Replying to a question about what people contemplating a move into a CCRC should do, Roach said they should have a knowledgeable person examine the financial statement. In response to another question Mrs. Roach said that generally non-profits do better than for-profits.

**According to Broadmead Trustees Chair Ann Heaton, who attended the lecture, plans to initiate a refundable deposit program here include a return of any escrow within a year.*

Men's Saturday Social Hour

9:30 a.m. - Auditorium/Lounge

February 11 - John Dowling

February 25 - Herbert Ward

*Wear name tags. Bring \$1 to defray
cost of refreshments*

American Indian Artifacts Are Displayed in Reception Area

Text and photos by Nancy Boyce

The American Indian artifacts displayed in the Reception Hall case were collected by Phil Schnering, his wife Ruth and their four children when they vacationed in the Southwest.

Included are bowls and pots, all fashioned without using a potter's wheel, as well as household wares, Kachina dolls and tools. Phil painted two scenes on location and said it appeared that the Indians spent part of their time making the bowls and the rest of the time breaking them up, as evident by the eleven cards of shards.



The BRA Health Care Committee Lecture Series

10:30 a.m. - Auditorium

Tuesday, February 7
Peripheral Vascular Disease
Community Physician

Tuesday, February 14
Liver Disease in 2012
Frank Iber, M.D.

Saturday Night Performances

7 p.m. - Auditorium

February 11

Baltimore Heritage, Inc.
Mr. Johns Hopkins, Director

February 18

A black Civil War soldier
Joe Becton as a Civil War Presenter
(Co-sponsored with Multicultural Committee)

Movies will be shown on February 4 and 25.
See Page 18

Broadmead Briefs...

The Voter Registration deadline for the primary election is Tuesday, March 13. New residents seeking information on how to register may call Sue Schlenger at 410-785-1101. If you have moved within Broadmead and are already registered, you may vote without registering your new unit number before the election and may change the number at the polls. Absentee ballot applications are due to the Board of Elections by Tuesday, March 27. Early voting will take place Saturday March 24 - Thursday, March 29. The Presidential primary is Tuesday April 3. Broadmead will be a polling place, 7 a.m. to 8 p.m.

The Baltimore County League of Women Voters **Presidential Primary Voters Guides** will be available on line Saturday, February 18, at www.vote411.org. The Guides will be in the Patuxent newspapers, including *The Towson Times*, on March 21, 22 or 23. Print overruns will be distributed at Broadmead on or about March 20.

Ten Broadmead residents were bused to Annapolis recently to promote legislation aimed at protecting residents of continuing care retirement communities. Sponsored by the Maryland Continuing Care Residents Association (MaCCRA) and organized by Jonas Rappeport, statewide president, and Alma Smith, statewide secretary, the event brought representatives from across the state to hear a talk by Senator Delores Kelley, who

is sponsoring the legislation, and by several other area legislators. Del. Wade Kach, who represents District 5B which includes Broadmead, helped with the arrangements. Attending from Broadmead were Rappeport, Smith, Sally Bloomer, Susie Fetter, Elborg Forster, Dot Gustafson, John and Jane Michener, Marcia Reinke and Dorothy Sinclair. Dorothy was greeted from the floor of the House by her grandson, Luke Clippinger, who represents District 46 in Baltimore City. *See Page 4 for an Open Forum report on issues facing continuing care communities.*

Have you noticed the 29 new **ceramic flower vases** on the Holly Terrace tables? If not, look. They were made by Sue Carnell, who does not usually mass produce her work but, at the request of Broadmead's flower arrangers, made all of these in the ceramics shop.



See new kiln story on Page 7.

Kitty Stierhoff, president of the Residents Association, has announced the appointment of Alma Smith and Bob Davies to the **2012 Nominating Committee**. Executive board appointments to the Nominating Committee are made pursuant to the new Residents Association bylaws approved last year. Alma and Bob will be joining those elected to the Nominating Committee in June: Elborg Forster, Penny Partlow and John Robbins.

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This month's announcement on the relocation of the Wednesday Communion Services brought to our attention a new term and a new location, known as the **flex space**. **Flex space**, we've learned, is the area adjoining the Holly Terrace dining room on the right, between it and the Magnolia Room. And sure enough, there are indents in the wall which hold sliders to close off the room. "Where there are now six tables which seat four only, the furniture gets moved around and presto-change-o, you are in the local cathedral. Makes you believe in miracles, eh?" said Margaret Proctor, a regular attendee at the Catholic communion.

A check for \$3587.80 has been presented to the Residents Association by Broadmead Inc. The check is for the BRA's 25 percent share of this year's proceeds from the Associate Member Program. We currently have 67 associate members.

Broadmead is now gearing up for its regular **reaccreditation**. CFO Pat Gordon is heading up a staff group in collecting the necessary information for the survey visits which will probably occur in August or September.

Trustee Chair Ann Heaton has appointed a new committee to review Broadmead's **endowment funds** to determine and possibly consolidate those which haven't been used for some time or whose purpose is unclear. Serving are Trustee Alice Cherbonnier, chair, trustees Adrian Bishop and Jenn Hobbins, residents Tom Nuttle and John Michener, and administrators Pat Gordon and Rich Compton.

Potters Get New Kiln



Photo by Marcia Reinke

Broadmead's Ceramics Room is now host to a new and larger kiln which is adding significantly to the ceramics program by accommodating larger pieces and firing at higher temperatures. The new kiln, plus exhaust vent with fan, purchased for \$2,505 from the Residents Association capital account, will handle pieces as large as 23 inches in diameter. The higher temperatures will also allow for a broader range of exciting glazes.

Broadmead Inc. installed the venting system and increased the necessary amps by rewiring the area. It also disposed of an old kiln that dated back 20 years, was not electronic and had let fumes from the weekly firings disburse into the ceramics, exercise and art rooms. Still operating is a kiln for smaller pieces donated a few years back by resident Dwight Hastings.

Shown here admiring their new "toy" are ceramics class members Sue Carnell, Joye Jennings, Bobbie Dunlap and instructor Peggy Fowler. Others interested may join the fun at any time. Classes meet on Thursdays at 1 p.m.

Behind the Scenes....

They're Working Very Hard to Get Ready for Mammoth Two-Day Barn Sale, March 23-24



Major work is underway preparing for the annual spring Barn Sale next month, including unpacking, sorting, pricing, deciding what will sell, and what goes straight to Good Will. Residents are urged to donate well before the March 1 deadline. Shown at work here in clothing at left are Bonnie Cox, Nancy Allchin, Margaret Proctor, Bettie Byerly, Sally Bloomer and Edith Gentry. Benny Villalobos, lower left, is at his "fix it" bench where he manages to repair almost everything. Looking over new arrivals for the glassware and china table, below, are Helen Hodgson and Sally Weinman.

Photos by Penny Partlow and Sally Bloomer



MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Charles Lovelace	C10	H-253
Carter Riefner	T-357	H-232
Betsey Spragins	R-12	H-243

Friends Meeting for Worship

Sundays at 11 a.m.
Stony Run Board Room

Everyone Welcome

American Holidays Fascinate Young German Bride

by Elborg Forster

I came to the United States from Germany as a young bride shortly before Christmas in 1955.

That holiday brought me a little bout of homesickness, for I missed the solemnity somehow associated with it in Germany, even among people who did not celebrate Christmas in religious terms.

But here the main character was that “jolly old elf,” Santa Claus, assisted by Mrs. Claus, and the decorations put up everywhere struck me as a bit gaudy. But I did enjoy the parties, open houses, and gatherings of all kinds that allowed me to meet my new family’s relatives and friends.

In the course of the first year I spent in Baltimore, I learned about American holidays along with their folkloric customs. February 2 had previously been known to me as *Mariae Lichtmess* or *La Chandeleur*, the day when the Virgin Mary had recovered from childbirth. Here I learned about the weather predictions of the groundhog and his shadow.

On Valentine’s Day, February 14, I received a rose and some chocolates from my sweetheart. On February 22 we had cherry pie to celebrate George Washington and his honesty as a little boy. Easter was a joyful occasion to wear a fancy hat and a new outfit to church and to show off this finery afterward.

Memorial Day brought speeches honoring the war dead but also marked the beginning of summer with picnics and cookouts. On the glorious Fourth we watched the parade – flags, Boy Scouts, beauty queens, marching bands, politicians in open cars, candy tossed into the crowds – coming down Frederick Road in Catonsville.

Labor Day called for one last picnic. Columbus Day celebrated what in those days was called the Discovery of America by Columbus. Next came Halloween, also re-styled from the solemnity of the European All Saints Day.

And then it was Christmas again.



Mark Meadows

Concert Series to Feature Jazz Trio

Sunday, February 12

2 p.m. - Auditorium

Mark Meadows, piano

Eric Kennedy, drums

Blake Meister, bass

Mark Meadows is a modern jazz pianist and composer who utilizes his versatile musical background in order to communicate to every walk of life. His sound is youthful, yet ageless, complex and effortless. Mark and his colleagues will perform many jazz favorites from the 1940s, 1950s and 1960s.

True Love

By Flo Dunlop

Oh, she washed him and dried him.

She sat down beside him.

Her fingers ran through his hair.

She kissed and caressed him.

How heaven has blessed him.

He’s her dog, what a lovable pair.

Party Duds, Noisemakers, Balloons and Dancing Enliven New Year's Celebration

By Sally Bloomer

Photos by Marcia Reinke

The social event of the year at Broadmead, the festive celebration of the coming New Year, took place in the gaily decorated auditorium and lounge.

Helium-filled balloons floated above all 16 tables, which were decorated with noisemakers and glitter. The popcorn bowls overflowed. Gold Happy New Year banners hung from walls and drapes.

Handling these arrangements was the New Year's committee headed by Jonas Rappeport, assisted by Nancy Boyce, Sally Bloomer and Frank Iber. Bob Morrison manned the helium tank and John Robbins, the balloon clips. Max Greenland and Harry Butcher tied on the ribbons.

Susie Fetter measured and cut while Betsy Butcher supervised. Margaret Proctor filled the popcorn bowls after making the initial

investment. Alma Smith and Bob Fetter supervised the placing of tables.

A special table displayed the gingerbread house which the Butchers and their daughter created and Harry demolished.

Alma led us in the *Maalox* song. Ruth Williams entertained in her inimitable fashion with humorous poems.

Bob Davies involved us in a guessing game called "Paraprosdokian," which means *beyond or along side of*.

Bob flashed on the screen part of a famous (or humorous) quotation, challenging the assembled celebrants to finish it. Funniest was Groucho Marx saying "I've had a perfectly wonderful evening," to be finished by "but this wasn't it."

The dance floor was jammed most of the evening to the steady beat of old favorites like *Sentimental Journey* and *Chattanooga Choo Choo*.

A Paul Jones and a Conga Line livened up the action until it was time to sing *Auld Lang Syne*.



At left, Harry Butcher smashes the gingerbread house into cookie-size portions. Below center, Ruth Williams entertains with her Broadmead-based poems. See Page 20 for Conga Line.



Liz Jackson looking very elegant.

Kindle Baffles Matriarch

By Sue Schlenger

I don't think I'm stupid, but at the moment I feel absolutely incapable.

I can rewire lamps with ease. I can handle a plumbing crisis. I can solve most daily problems with confidence. And I balance my check book and pay my bills.

But I have faced an almost insurmountable challenge this holiday time. My three daughters sent me a KINDLE!

My granddaughter set up an Amazon account for me and bought two books and logged them into the Kindle. Then she returned to New York.

I tried to find the first book, which was supposed to bring me great pleasure.

Forget it. All I got was the opening greeting. Then nothing.

I pressed all the buttons. Nothing on the box told me which button was which. I did find the hole to use for recharging. What were the four lines on the frame? What was the right push button on the bottom?

The next day I went to my computer and found "Amazon Kindle," hoping for detailed instructions and a step-by-step guide to using the Kindle. None popped up, and after two hours of fiddling around with it, I gave up!

Monday evening my daughter Martha called. I told her my problem and she called again the next night.

She had her Kindle in hand and told me the functions of the buttons. Progress!

Then after 34 minutes of my pressing the screen with little success, I managed to get the Preface of the book. By this time I was a disagreeable mess and Martha had lost patience with me.

"Mother, press the tool bar" she said.
"Where is that?" I asked.

"At the top" she insisted.

"Top of what?"

"Go back a page", she said.

"How do I do that?"

"Do you see the arrow on the top left?" she asked.

"Yes," I said and pressed it. It did go back. Success!

By this time I was afraid that dear daughter would be sure I had lost my marbles, or was blind, or just stupid. I got the message and thanked her for her time and knowledge.

I now have a phone number for Kindle Idiots and I will drive some other mother's child nuts. I will master this new age machine, never fear.

But for now I have a lot of just plain-print magazines to catch up on and read.

Adventures in Learning

Winter Series
Wednesdays, 10:30 a.m.
Auditorium

February 8 - Linell Smith - formerly with the *Baltimore Sun*, currently part of the publications team at Johns Hopkins Medicine.

February 15 - J. Wynn Rousuck - drama critic with the *Sun* for 23 years, now associated with WYPR in that same role, whose topic will be "Backstage Glimpses".

February 22 - Tim Smith - classical music critic, contributor to a variety of publications and associated with the *Baltimore Sun* since 2000.

February 29 - Dale Keiger - journalist for numerous publications since 1973, at present the associate editor of *Johns Hopkins Magazine*, speaking on "The Journalism of Ideas".



Let's Dance

Monday
February 13, 7 p.m.
Lounge
Everyone Welcome



In the Mood....

Big Band Bash Delights *Young-at-Heart* Residents

Text and photos by Marcia Reinke

A 17-piece band and four vocalists brought back memories of youth at a special performance of Big Band Favorite Songs, ranging from *Deep Purple* and *Sentimental Journey* to *Young at Heart* and *In the Mood* at a well-attended “bash” sponsored by Broadmead Social Services and coordinated by Linda Chick. The band, making a repeat performance at Broadmead, is from the Theater of Performing Arts of Southern York County.



Elborg and Bob Forster on the dance floor.

Patient-centered Green House Concept Explained

By Frank Iber

The revolutionary new Green House Concept of patient-centered comprehensive care was explained by resident Pat Lackey, assisted by Mary Frances Wagley and Frank Iber, at a recent lecture sponsored by the Residents Association Health Care Committee. The Green House Concept is being considered as a possible model for Broadmead's proposed new 40-bed comprehensive care center.

Units called a “home” house 10 patients, each in a large individual outside room with a wheel-chair accessible full bath and shower. Staffing consists of two persons, known as “Shahbazim”, on all day and evening shifts, and one overnight. Shahbazim are licensed practical nurses with additional training and higher salaries.

All cooking is done in a very large common room which is where most time is spent in socialization and recreation. Medications are stored in a locked cabinet in each room and administered by an RN who services several areas.

The huge advantage of the Green House program over the usual nursing home is that one empowered staff person serves each five residents. This increased staffing, always commingled with the patients, leads to no bed sores, no diapers or catheters, fewer required medications, less depression, fewer hospitalizations and high contentment among both residents and their families.

Staff satisfaction is much higher, turnover lower and staff back injuries lower than in a usual nursing home. The program works best for permanent comprehensive care residents and is not recommended for stays under 60 days. The three presenters and the 90 attendees were overwhelmingly enthusiastic about this new program. A 35-minute DVD and a 200-page book are available for those wanting more information.

Doctor/Delegate Looks at Health Care Issues, Costs

By Rhoda Dorsey

The lack of attention to clinical concerns in the new federal Affordable Care Act highlighted an Open Forum talk by Dr. Dan Morhaim, who said he generally approves of the bill despite these shortcomings. Morhaim, the only medical doctor in the Maryland General Assembly, serves as deputy majority leader in the House of Delegates. He has practiced emergency medicine for over 30 years.

Reviewing the major provisions of the Act, Morhaim emphasized that most of them are approved by both parties, with arguments focusing on complex financial issues and so-called "death-panels" which allow Medicare to

fund end-of-life discussions between doctors and patients. Morhaim currently serves on the faculty of the Johns Hopkins School of Public Health and practices internal medicine at Health Care for the Homeless.



Dan Morhaim

importance to those directly involved in patient care, he pointed out that these concerns affect the greatest number of patients and incur the highest medical costs. He discussed, as examples, end-of-life care, addiction, chronic care, obesity, life style issues and emergency procedures.

Turning to his most immediate interest, end-of-life care and the decisions connected to it, he spoke of his recently published book *The Better End*. The book's aim, he said, is to help individuals and families find their way through the complexity of medical procedures, medications, types and cost of care before immediate decisions are necessary. Advance Directives, he pointed out, deal with some of these issues but not all and, in any case, need to be reviewed and updated regularly.

Residents eligible too...

Second Biggest Loser Challenge Underway

Want to lose weight? The Wellness Department has just the program for you.

Following up on last year's contest, in which staff members shed a total of 312.5 pounds, Jody Tromble and Julie Sega have been busy signing up staff members for the 2012 challenge which got underway with a first weigh-in on January 20.

Participant staff members must sign a contract and pay a fee of \$20. Weigh-ins are occurring each Friday. Those who gain weight during the week must forfeit a \$5 additional fee. Those who lose weight or whose weight remains the same, need pay nothing more. After nine weeks, the grand prize, consisting of the initial money paid and any additional money collected, will be divided equally among those who met their goal of losing 8 percent of their body weight.

The grand prize winner, the person who loses the most, will also receive a free one-year membership in the Fitness Room. During the course of the contest, all active participants, those who weigh-in weekly, will have a free Fitness Room membership.

Without money being exchanged, residents and associate members are invited to participate too by joining the weekly weigh-in either in the Fitness Room or at home.

"That way they can participate and stay on track with their weight-loss goals," Julie said.

Vespers

Sunday, February 19 - 4:30 p.m.

Main Lounge

Rev. Caroline R. Stewart

Senior Associate

Church of the Redeemer

All are welcome.

Many Voices Observe Birthday of Dr. Martin Luther King

The Douglas Singers returned to Broadmead again this year to help celebrate the birthday of Dr. Martin Luther King, Jr.

Directed by long-time director Spenser Hammond and accompanied by Charles Hayes, the Singers presented a program of spiritual and gospel music ranging from *Let*

Us Cheer the Weary Traveler to *Just Jesus* and *Oh, Freedom*.

Soloists were Devon Mercer and Jessica Connor. Jessica, a student in biology at Towson University, works part time in the Arbor Cafe. She sang *The Prayer* and *His Eye Is on the Sparrow*.



Jessica Connor

Mercer was featured in *Deep River*. Opening and closing the program with piano solos was Audrey McCallum.

CEO Rich Compton served as emcee. Rev. Marion Bascom spoke of his years serving with Dr. King. Closing the program was Virginia Schurman, chair of the Multicultural Committee which helped sponsor the event, reading an interpretation of Psalm 15 by Stephen Mitchell. Those who would like a copy may contact her.

Prior to the performance, the Singers were guests of residents in the dining room.

For the benefit of those off campus who would like to read *The Voice* prior to the arrival of slow mail, or those on campus who'd like to see it in color, it is now available on the Broadmead Residents Association website the first of the month. Google and then click on Newsletter/Broadmead Residents Association, Baltimore, MD.

You've My Release

By Ethel Landis

I have a friend
A really good friend
for 45 years
Is this the end?

We worked side by side
I was his right hand
He was my guide
I grew as he planned.

Of late I was his driver
We went to docs
We went to dinner
We went a lot.

So many years
So much help
So many fears
So heartfelt.

He's gone somewhere
way far away
I don't know where
it's new each day.

I can't go there
I can't help him now
It isn't fair
I don't know how.

It's time to go
To be at peace
I love you Tom
You've my release.

BIRD AND NATURE GROUP

Friday, February 24, 1:30 p.m.
Fireplace Room
Lower Level



Everyone Welcome

BOOKS NEW TO BROADMEAD LIBRARY: MORE BIOGRAPHIES

This month we present biographies of fascinating people, both historical and contemporary, in literature, science, music and other fields. Biographies are shelved in call number order (as listed below) in the Main Library on the rear wall.

- Mah, Adeline Y. *Falling leaves: the true story of an unwanted Chinese daughter.* 1998. Biog. CT.M21A
- Wallace, Irving. *The square pegs: some Americans who dared to be different.* 1957. Biog. CT.W18
- Aleshire, Peter. *The fox and the whirlwind: Gen. George Crook and Geronimo.* 2000. Biog. E.C94a
- Bloch, Iwan. *Marquis de Sade, his life and work.* 1948. Biog. HQ79.B65
- Orga, Ates. *Beethoven: his life and times.* 1978. Biog. ML.B41o
- Solomon, Maynard. *Beethoven.* 1977. Biog. ML.B41so
- Moshansky, Mozelle. *Mendelssohn.* 1984. Biog. ML.M53m
- King, Larry. *My remarkable journey.* 2009. Biog. PN4700.K53A
- Royster, Vermont. *My own, my country's time: a journalist's journey.* 1983. Biog. PN4700.R89A
- Martin, Peter. *Samuel Johnson: a biography.* 2008. Biog. PR.J69m
- Wyatt-Brown, Anne M. *Barbara Pym: a critical biography.* 1992. Biog. PR.P99w
- DuBose, Martha H. *Women of mystery: the lives and works of notable women crime novelists.* 2000. Biog. PR830.D81
- Crichton, Michael. *Travels.* 1988. Biog. PS.C92A
- Frost, Robert. *The letters of Robert Frost to Louis Untermeyer.* 1963. Biog. PS.F93A
- Mencken, H. L. *Happy days, 1880-1892.* 1940. Biog. PS.M536A1
- Mencken, H. L. *Newspaper days, 1899-1906.* 1941. Biog. PS.M536A2

- Mencken, H. L. *Heathen days.* 1963. Biog. PS.M536A3
- Walsh, John E. *Midnight dreary: the mysterious death of Edgar Allan Poe.* 2000. Biog. PS.P74w
- Thurber, James. *Selected letters of James Thurber.* 1981. Biog. PS.T53A
- Leary, Lewis G. *The book-peddling parson: an account of the life and works of Mason Locke Weems.* 1984. Biog. PS.W39l
- White, Michael. *Darwin: a life in science.* 1995. Biog. QH.D22w
- Imber, Gerald. *Genius on the edge: the bizarre double life of Dr. William Stewart Halsted.* 2011. Biog. R.H19i
- Young-Bruehl, Elisabeth. *Anna Freud: a biography.* 1988. Biog. RC.F881y
- Garfield, Simon. *Mauve: how one man invented a color that changed the world.* 2001. Biog. TP.P44g
- Cassini, Oleg. *In my own fashion: an autobiography.* 1987. Biog. TT.C34A

In Memoriam

Hope Benson

May 6, 1923 January 12, 2012

Thomas Barnes

May 13, 1928 January 17, 2012

BALLET VIDEO

Friday, February 12

7 p.m. - Auditorium

Napoli

Ballet in three acts from the Royal Theatre, Copenhagen. The Royal Danish Ballet. one of the oldest and best European ballet companies

Harry Blumenthal

Let's Sing

with Jonathan Jensen
at the piano

Monday, February 20

7 p.m., Auditorium

Phil Schnering



Son-in-Law Can't Wait For "God's Waiting Room."

By Richard Feuer, DMD*

Getting old isn't all that bad.

Just ask the residents at the Broadmead Retirement Community in Hunt Valley, Maryland.

Having enough money to buy in and stay in won't, of course, make you automatically happy but it certainly will keep you unbothered. And that is a state of well-being I can see myself actually achieving.

Self actualization may never be in the cards for me, so I can be content with living on the bottom floors of that pyramid. Broadmead does safety and social so well that one might actually have a shot at esteem and self actualization in the eventide of existence.

I witnessed it for myself in the smiles and cheerful dispositions of even the most marginally ambulatory of the matures I encountered while visiting my in-laws. The entire place could easily be mistaken for Stepford, Connecticut, 40 years later. Even down to the front gate which, we were ominously warned, closes at 9:30 p.m., after which who knows what would have become of us.

Perhaps like the unwitting wives of that fabled community, I would have been drugged and had a chip implanted in me, and then programmed to blithely fabricate dentures there for the rest of my useful dental life, another obsequious robot programmed to meet the needs of this coterie of hyper-content senior citizens.

The cast of characters I met in just one afternoon and evening was enough to fill me

with such a sense of joyful anticipation that I can barely wait until I am 85 years old. I am ready to retire there now.

And if Medicare pays for my very own POV then I say who needs more than one pair of shoes? It's just a five-minute trip from your independent living apartment to the dining hall, and if you forgot to plug in your POV then the courtesy golf cart is just one free phone call away.

And between the rocket scientists and the brain surgeons who have retired here, fascinating dinner conversations will never be wanting.

Yesiree, if this is God's waiting room, then take my co-pay and pass me the "people" because I won't mind waiting.

**Richard Feuer, a dentist and son-in-law of Bernie and Kitty Anderson, posted this to his blog.*

Open Forum

February and March

7 p.m. Auditorium

Friday, February 3

**Wall Street, Baltimore Protesters
and the Right to Assemble**

David Rocah, staff attorney
ACLU of Maryland

Thursday, February 16

**Baltimore County Update;
Development on York Road**

Todd Huff, District Three Councilman
(representing the Broadmead area)

Friday, March 2

**What Is the Financial and Economic
World Coming to?**

Dr. Carl Christ, Professor Emeritus
Johns Hopkins University



Kwanza Observed

Resident storyteller Gwen Marable, at left, donned a festive and colorful African-American traditional dress, of gold, red and blue, to help lead Broadmead's observance of the African-American harvest festival known as Kwanza. Dancing, and accompanied by drums and other instruments, Gwen talked of the seven symbols of Africa.

Below, Virginia Schurman looks at a poster displaying a list of values contributed by those witnessing and participating in the observance. *Photos by Marcia Reinke*



Clock Is Endearing Gift

By Laura Waschler

Everyone gets many gifts in a lifetime. It is sometimes hard to remember all the wonderful endearments people shower on us. But the most important present I've just recently received is a clock.

Now what can be so enchanting about a simple tick-toc clock? Well, let me tell you. This clock tells me the time.

So what? Every clock is supposed to tell the time. It also has an alarm system. Ha! Please tell me more.

This clock tells me **the day, the month and the year**. Do you know how exciting that is?

When I awake in the morning I don't know whether it's Monday, Tuesday or Wednesday, or whether it's 10 o'clock or 12 o'clock. But my wonderful clock tells me the day, month and the year so I am again functioning in my wonderful life, full of information.

That not many clocks give you. That is the most elegant feeling in the world. My daughter was the thoughtful person who gave me this lifesaving gift.



Broadmead Movies

Auditorium at 7 p.m.

Tuesday movies selected by Suzanne and
Jim Crowder; Saturday by Jeanne Stephenson

Saturday, February 4 Edward the King, Vol. 4

The final two episodes of this series. In episode 12 Bertie courts friendly relations with other nations in defiance of the government ministers, earning him the title of "The Peacemaker." In episode 13 Bertie, worn down from work, falls gravely ill and dies, beloved by family, friends and country. No subtitles

NR 105 minutes

Tuesday, February 7 Rabbit-Proof Fence

Australia's aboriginal integration program of the 1930s broke countless hearts - among them those of young Molly (Evelyn Sampi), Gracie (Laura Monaghan) and Daisy (Tianna Sansbury), who were torn from their families and placed in an abusive orphanage. Without food or water, the girls resolve to make the 1,500-mile trek home. Meanwhile, a well-intentioned tracker is trying to return the girls to the authorities. No sub-titles

2002 PG 94 minutes

Tuesday, February 14 Gosford Park

Murder mystery takes off when Sir William (Michael Gambon) is found dead soon after guests arrive for a weekend at his English estate. Guests try to make sense of the crime, and gossip flies among the household help. (Helen Mirren, Ryan Phillippe and Clive Owen). Sub-titles

2001 R 137 minutes

Saturday, February 25 Mary Poppins

A magical nanny (Julie Andrews) travels by umbrella and brightens the lives of her charges. With the help of a carefree chimney sweep named Bert (Dick Van Dyke), she makes every chore a game. Sub-titles

1964 G 139 minutes

Tuesday, February 21 One Flew Over the Cuckoo's Nest

While serving time for insanity at a state mental hospital, implacable rabble-rousing Randle Patrick McMurphy (Jack Nicholson) inspires his fellow patients to rebel against the authoritarian rule of head nurse Mildred Ratched (Louise Fletcher). This Milos Forman masterpiece was the first film since 1934 to take all five major Oscar prizes for picture, director, screenplay, actor and actress. Sub-titles

1975 R 133 minutes

Tuesday, February 28 Mrs. Doubtfire

Loving but irresponsible dad Daniel Hillard (Robin Williams), estranged from his exasperated spouse (Sally Field), is crushed by a court order allowing only weekly visits with his kids. When Daniel learns his ex needs a housekeeper, he gets the job, disguised as an English nanny. Soon he becomes not only his children's best pal but the kind of parent he should have been from the start. Subtitles

1993 PG13 125 minutes

Monday Book Group

Auditorium, 10:30 a.m.

March 5

Absolutely True Story of a Part Time Indian by Alexie Sherman
The Maryland One Book Selection

April 2

The State of Wonder by Ann Pachett

May 5

The Sisters of Fortune
by Nancy Coffy Heffernan

June 4

Homer and Langley by E.L. Doctorow

Books may be borrowed from the Bookmobile.



Hither, Thither and Yawn

With Foxy Georgia

Just gotta tell ya about that New Year's Eve blast. The joint was shaking, dancing the night away.

Spied Harry and Betsy Butcher (those great gingerbread house builders); Alma Smith and head honcho Jonas Rappeport (hey, whereja find those jokes, Hon ?); new gal Estelle Kreinik, fresh outta Parkersburg, WVA, sportin' a super jacket (envy, envy).

The peanut gallery had fun too! Barbara Koppelman, Sidney Daniels, Eileen Spring and others who moved around the circuit, munching and cheering the crowd.

The new Great Hall in Stony Run tossed a great party too, both at the opening and on NY's Day. Fran Beasley, Ginny Cooke, Sally Burbank and Bobbie Kottler cheered the Ravens and consumed the goodies. Anybody for chess?

Cokey Rienhoff is off to Africa for the winter. We're Ghana miss her.

Nancy Warner had a smashing good time in the parking lot. The fire department doesn't set bricks, we just found out.

Don't call Vera Carnes a stick in the mud. The Good Samaritan arrived and pushed her out. She never missed a drag!

Sumthin' new: his and her amigos: Pris and Chas Stieff and Bunky and David Hopkins.

Oh, Helen Davis, whereja find those snappy Ravens cupcakes? Purple icing and a chocolate football on top. They scored big time with the group.

Virginia Schurman and the wonder story teller, Gwen Marable, produced a Kwanza celebration, complete with a comprehensive handout to explain it all. Gwen wore a splendid costume jacket, and held us all in her sway (whatever that means).

Louise Hager turned the table and gave us her birthday party complete with

entertainment and goodies. But the spontaneous entertainment was Penny Partlow, Carol McCord and Anne Leavitt singing along with the Beauty Shop Trio.

Talent abounds with the Play Readers gang. Eli Freedman produced a

baseball sketch in which

Carolyn Underwood scored a homer with her artfully constructed nurse's cap; and Kevin White made a cameo appearance as Red Barber, complete with sound effects in the background. (Red Sox fan myself.)

Another cameo appearance was the pooch Scrabble in Ruth Williams' knockout play, which is already booked for a re-run next year.

Where does Phil Schnering keep that enormous collection of Indian artifacts ('scuse me, there's some Inuits tucked in the corner) Fascinating to see and admire. A real wow production!

The Heroine of the Year award to Karen the PNC Teller. She's pretty special.

'nuff said.



**Louise Hager with the
Beauty Shop Trio.**

Photo by Nancy Boyce

Wednesday Worship

1st Wednesday of month, 10:30 a.m.

Episcopal Communion

Holly Terrace - Flex Space

Sponsored by Sherwood Episcopal Church

2nd Wednesday of month, 10 a.m.

Catholic Mass

Holly Terrace - Flex Space

Sponsored by St. Francis Xavier Church

VOICE OF THE RESIDENTS

Volume XXXIV No 6 February, 2012

Published September through June by
The Broadmead Residents Association
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Leading a Conga line at the annual New Year's Eve party was Sally Bloomer, followed by Bob Morrison, Elborg Forster, Bob Fetter, Carol McCord, Jane and John Michener. See page 10 for more New Year's Eve pictures.

Photo by Marcia Reinke